

First Aid Provider

Reason for Learning

The outcome of many medical emergencies can be improved by early care from a trained bystander.

1. At work, injuries and illnesses kill about 2.2 million people in the world each year.
2. Unintentional injury is the leading cause of death in the United States for individuals younger than 44 years of age.
3. On average, 15 workers die each day in the U.S. from traumatic injuries, and more than 4 million workers suffer a nonfatal injury or illness each year.
4. In the U.S., about $\frac{1}{3}$ of all injuries and 20% of injury deaths occur at home.
 - a. For every home injury death there are about 650 nonfatal home injuries.
5. Safe practices at work, home, and play can prevent many injuries, illnesses, and deaths. However, once injury or sudden illness has occurred, effective first aid can make the difference between:
 - a. Rapid or prolonged recovery
 - b. Temporary or permanent disability
 - c. Life or death
6. The Occupational Safety and Health Administration, or OSHA, defines first aid as "emergency care provided for injury or sudden illness before professional emergency medical treatment becomes available.
7. A first aid provider is someone trained in:
 - a. The delivery of initial emergency procedures
 - b. Using limited equipment to perform a primary assessment and intervention until Emergency Medical Services, or EMS, personnel arrive.
8. The essential responsibilities of a first aid provider are:
 - a. Recognizing a medical emergency,
 - b. Making the decision to help,
 - c. Identifying hazards and ensuring personal safety,
 - d. Activating the EMS system
 - e. Providing supportive, basic first aid care.
9. The goal of this training is to help a provider gain the knowledge, skills, and confidence necessary to manage a medical emergency until more advanced help is available.
10. First aid does not require making complex decisions or having in-depth medical knowledge. It is easy to learn, remember, and perform.